



	Year 3	Year 4	Year 5	Year 6
Autumn 1	Relationships • 'Expect Respect' • Stonewall videos and resources: FREE - The Film (stonewall.org.uk) • DFE training materials: Teaching about relationships, sex and health - GOV.UK (www.gov.uk) • Respect Yourself • 'We are all born free' • Goodness and Mercy • Digital Wellbeing • VIPs	Relationships • 'Expect Respect' • Stonewall videos and resources: FREE - The Film (stonewall.org.uk) • DFE training materials: Teaching about relationships, sex and health - GOV.UK (www.gov.uk) • Respect Yourself • 'We are all born free' • Goodness and Mercy • Digital Wellbeing • VIPs	Being Me in My World • 'We are all born free' • Think Positive • One World	Being Me in My World • 'We are all born free' • Think Positive • One World
Autumn 2	Dreams and Goals • 'We are all born free' • Be Yourself • Aiming High	Dreams and Goals • 'We are all born free' • Be Yourself • Aiming High	Celebrating Difference	Celebrating Difference





	• Think Positive	• Think Positive	FREE - The Film (stonewall.org.uk) • DFE training materials: Teaching	FREE - The Film (stonewall.org.uk) • DFE training materials: Teaching
			about relationships, sex and health - GOV.UK (www.gov.uk) • 'We are all born free' • Diverse Britain	about relationships, sex and health - GOV.UK (www.gov.uk) • 'We are all born free' • Diverse Britain
Spring 1	Being Me in My World • 'We are all born free' • TEAM	Being Me in My World • 'We are all born free' • TEAM	Dreams and Goals • 'We are all born free' • Be Yourself • Aiming High • Think Positive	Dreams and Goals • 'We are all born free' • Be Yourself • Aiming High • Think Positive





Spring 2	Celebrating Difference	Celebrating Difference	Healthy Me	Healthy Me
Spring 2	• 'No Outsiders' • Stonewall videos and resources: FREE - The Film (stonewall.org.uk) • DFE training materials: Teaching about relationships, sex and health - GOV.UK (www.gov.uk) • 'We are all born free' • Diverse Britain	• 'No Outsiders' • Stonewall videos and resources: FREE - The Film (stonewall.org.uk) • DFE training materials: Teaching about relationships, sex and health - GOV.UK (www.gov.uk) • 'We are all born free' • Diverse Britain	 DFE training materials: Teaching about relationships, sex and health - GOV.UK (www.gov.uk) Learn basic first aid - teaching resources First aid champions (redcross.org.uk) Home Resuscitation Council UK First Aid Courses, Advice & Volunteering St John Ambulance (sja.org.uk) Goodness and Mercy It's My Body Safety First Digital Wellbeing 	 DFE training materials: Teaching about relationships, sex and health - GOV.UK (www.gov.uk) Learn basic first aid - teaching resources First aid champions (redcross.org.uk) Home Resuscitation Council UK First Aid Courses, Advice & Volunteering St John Ambulance (sja.org.uk) Goodness and Mercy lt's My Body Safety First Digital Wellbeing
Summer 1	Healthy MeDFE training materials: Teaching	Healthy Me • DFE training materials: Teaching	Relationships • 'Expect Respect'	Relationships • 'Expect Respect'





	about relationships, sex and health - GOV.UK (www.gov.uk) • Learn basic first aid - teaching resources First aid champions (redcross.org.uk) • Home Resuscitation Council UK • First Aid Courses, Advice & Volunteering St John Ambulance (sja.org.uk) • Goodness and Mercy • It's My Body • Safety First Digital Wellbeing	about relationships, sex and health - GOV.UK (www.gov.uk) • Learn basic first aid - teaching resources First aid champions (redcross.org.uk) • Home Resuscitation Council UK • First Aid Courses, Advice & Volunteering St John Ambulance (sja.org.uk) • Goodness and Mercy • It's My Body • Safety First • Digital Wellbeing	 We are all born free' Stonewall videos and resources: FREE - The Film (stonewall.org.uk) DFE training materials: Teaching about relationships, sex and health - GOV.UK (www.gov.uk) Respect Yourself Goodness and Mercy Digital Wellbeing VIPs 	 We are all born free' Stonewall videos and resources: FREE - The Film (stonewall.org.uk) DFE training materials: Teaching about relationships, sex and health - GOV.UK (www.gov.uk) Respect Yourself Goodness and Mercy Digital Wellbeing VIPs
Summer 2	Changing Me Respect Yourself Expect Respect' Goodness and Mercy	Changing Me Respect Yourself Expect Respect' Goodness and Mercy	Changing Me Respect Yourself Expect Respect' Goodness and Mercy	Changing Me Respect Yourself 'Expect Respect' Goodness and Mercy





- DFE training
 materials: Teaching
 about relationships, sex
 and health GOV.UK
 (www.gov.uk)
- Growing Up
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