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| **Week 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Fish Friday** |
| **Option 1** | **Pizza Bar**  **Cheese & Tomato Pizza (V)**  *Pizza with a Thin Crisp Base Selection of Toppings*  *Ham,*  *Pineapple,*  *Sweetcorn, Mushrooms*  *Mixed Roasted Pepper* | **Pork Sausages**  *Farm Assured Pork Sausages served with a Rich & Tasty Gravy* | **Traditional Roast with a Rich & Tasty Gravy**  *Farm Assured Sliced meat* | **Chicken Dunkers**  *Served with BBQ or a Rich & Tasty Tomato Sauce* | **Fish Finger**  *Fillet of Fish Coated in a Crispy Breadcrumb*  **or**  **Salmon Fishcake** |
| **Option 2** | **Vegetarian Sausage (V)**  *served with Gravy* | **Oven Roast Vegetables (V)**  *Served in a Yorkshire pudding & topped with Mature Cheese* | **Quorn Dunkers (V)**  *Served with BBQ or a Rich & Tasty Tomato Sauce* | **Filled Jacket Potato(V)**  *With a choice of fillings*  *Tuna*  *Cheese & Baked Beans*  *Roasted Vegetables* |
| **Carbohydrates** | **Jacket wedges** | **Creamed Potatoes** | **Roast Potatoes**  **Creamed Potato** | **Savory Rice**  **Pasta Twists** | **Chips**  **Couscous** |
| **Vegetables** | **Baked Beans**  **Sweetcorn** | **Carrots**  **Garden Peas** | **Cabbage**  **Carrots**  **Broccoli** | **Farmhouse Mixed Vegetables**  **Sweetcorn** | **Baked Beans**  **Garden Peas** |
| **Salad Selection** | **Seasonal Salad Selection** | **Seasonal Salad Selection** | **Seasonal Salad Selection** | **Seasonal Salad Selection** | **Seasonal Salad Selection** |
| **Bread** | **Bread Selection** | **Bread Selection** | **Bread Selection** | **Bread Selection** | **Bread Selection** |
| Pudding | **Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse** | **Fruit Sponge & Custard** | **Fruit Topped Cheesecake** | **Muffin Selection** | **Vanilla Ice Cream** |
|  | **Cheese & Crackers** | **Fruit Yoghurt** | **Cheese & Crackers** | **Fruit Yoghurt** | **Cheese & Crackers** |

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| **Week 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Option 1** | **Gluten Free Pork Meatballs**  *Farm Assured Pork Meatballs served with a Rich Tomato Sauce or Gravy* | **Beef Burrito**  *Farm Assured Minced Beef in a Mildly Spiced*  *Rich Tomato Sauce*  *Served in a Soft Flour Wrap* | **Traditional Roast with a Rich & Tasty Gravy**  *Farm Assured Sliced meat* | Toad in the Hole  *Farm Assured Pork Sausage in a Yorkshire Pudding swerved with a Rich Gravy* | **Battered Fillet of Fish**  *White Fillet coated in a light Batter*  *Or*  **Fish Cake** |
| **Option 2** | **Vegetarian Balls (V)**  *Vegetable Balls served with a Rich Tomato Sauce or Gravy* | **Roasted Vegetables and Mixed Beans Wrap (V)**  *in a**Rich Tomato Sauce*  *Served in a Soft Flour Wrap* | **Vegetable & Bean Parcels (V)**  *Roast Vegetables, Mixed Beans & Rich & Tasty Gravy encased in Puff Pastry* | **Macaroni Cheese**  *Macaroni Pasta in a Creamy Cheese Sauce topped with Cheese (V)* | **Cheese & Potato**  **Bake (V)**  *Creamed Potato & Mature Cheese topped with Sliced Tomatoes* |
| **Carbohydrates** | **Pasta Twists** | **Savory Rice** | **Roast Potatoes**  **Creamed Potato** | **New Potatoes**  **Or**  **Creamed Potato** | **Chips**  **Couscous** |
| **Vegetables** | **Broccoli**  **Carrots** | **Garden Peas**  **Sweetcorn** | **Cauliflower**  **Carrots**  **Green Beans** | **Farmhouse Mixed Vegetables**  **Sweetcorn** | **Baked Beans**  **Garden Peas** |
| **Salad Selection** | **Seasonal Salad Selection** | **Seasonal Salad Selection** | **Seasonal Salad Selection** | **Seasonal Salad Selection** | **Seasonal Salad Selection** |
| **Bread** | **Bread Selection** | **Bread Selection** | **Bread Selection** | **Pitta Bread**  **Bread Selection** | **Bread Selection** |
| **Pudding** | **Vanilla Ice Cream** | **Muffin Selection** | **Chocolate Sponge & Chocolate Sauce** | **Fruity Flapjack** | **Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse** |
|  | **Cheese & Crackers** | **Fruit Yoghurt** | **Cheese & Crackers** | **Fruit Yoghurt** | **Cheese & Crackers** |

**Fresh Fruit available daily**

**All items subject to availability**

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| **Week 3** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Option 1** | **Beef Burger**  *Farm Assured Minced Beef Burger In a Soft Roll* | **Big Breakfast**  **Farm Assured Sausage**  **Back Bacon**  **Scrambled Egg (V)** | **Traditional Roast a Rich & Tasty Gravy**  *Farm Assured Sliced Meat* | **Chicken Curry**  *Farm Assured Chicken pieces in a Chefs Tikka Masala Sauce* | **Battered Fillet of Fish**  *White Fillet coated in a light Batter)*  **or**  **Fish Finger**  *Fillet of Fish Coated in a Crispy Breadcrumb* |
| **Option 2** | **Vegetarian Hot Dog (V)**  *In a Soft Roll* | **Quorn Sausage (V***)* | ***Roasted Vegetable Tart (V)***  *Seasonal Roasted Vegetables & Mixed Beans Topped with Golden Short Crust Pastry* | **Vegetable Curry (V)**  *Seasonal Vegetables & Mixed Beans in a Tasty Balti Sauce* | **Creamy Pasta Bake (V)**  **Pasta Twists Baked in a Creamy Cheese Sauce** |
| **Carbohydrates** | **Jacket Wedges** | **Hash Browns** | **Roast Potatoes**  **Creamed Potato** | **Boiled Rice** | **Chips**  **Mixed Vegetable**  **Couscous** |
| **Vegetables** | **Sweetcorn**  **Carrots** | **Baked Beans**  **Plum Tomatoes**  **Mushrooms** | **Cauliflower**  **Carrots**  **Broccoli** | **Sweetcorn**  **Broccoli** | **Baked Beans**  **Garden Peas** |
| **Salad Selection** | **Seasonal Salad Selection** | **Seasonal Salad Selection** | **Seasonal Salad Selection** | **Seasonal Salad Selection** | **Seasonal Salad Selection** |
| **Bread** | **Soft Bread Roll** | **Bread Selection** | **Bread Selection** | **Bread Selection**  **Naan Bread** | **Bread Selection** |
| **Puddings** | **Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse** | **Carrot Cake** | **Fruit Crumble & Custard** | **Shortbread Biscuit** | **Vanilla Ice Cream** |
|  | **Cheese & Crackers** | **Fruit Yoghurt** | **Cheese & Crackers** | **Fruit Yoghurt** | **Cheese & Crackers** |

**Fresh Fruit available daily**

**All items subject to availability**