

## Monday

Pizza Bar - Cheese and Tomato Pizza V Pizza with a Thin Crisp Base Selection of Toppings Ham, Pineapple V, Sweetcorn V. Mushrooms V. Mixed Roasted Pepper V

Jacket Potato Wedges, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread Selection

Chocolate and Vanilla Swirl Mousse or Strawberry and Vanilla Swirl Mousse



Pork Sausages Farm Assured Pork Sausages served with a Rich and Tasty Gravy

Vegetarian Sausage served with Gravy V

Creamed Potato, Carrots, Garden Peas, Seasonal Salad Selection, **Bread Selection** 

Fruit Sponge and Custard









Lemons float, but limes sink... and ripe cranberries bounce like rubber balls.

# Wednesdau

Traditional Roast with a Rich and Tasty Gravy Farm Assured Sliced

Oven Roast Vegetables Served in )? a Yorkshire Pudding and topped with Mature Cheese V

Roast Potatoes, Creamed Potato, Cabbage, Carrots, Broccoli, Seasonal Salad Selection, Bread Selection

Fruit Topped Cheesecake

## Thursday

Chicken Dunkers Served with BBQ or a Rich and Tasty Tomato Sauce

Quorn Dunkers Served with BBQ or a Rich and Tasty Tomato Sauce V

Savoury Rice, Pasta Twists, Farmhouse Mixed Vegetables. Sweetcorn, Seasonal Salad Selection, Bread Selection

Muffin Selection

### Friday

Fish Finger Fillet of Fish Coated in Crispy Breadcrumbs or Salmon **Fishcake** 

Filled Jacket Potato with a choice of fillings Tuna, Cheese and Baked Beans V. Roasted Vegetables V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread Selection

Vanilla Ice Cream







Gluten Free Pork Meatballs Farm Assured Pork Meatballs served with a Rich Tomato Sauce or Gravy

Vegetarian Balls Vegetable Balls served with a Rich Tomato Sauce or Gravy V

Pasta Twists, Broccoli, Carrots, Seasonal Salad Selection, Bread Selection

Vanilla Ice Cream

#### Tuesday

Beef Burrito Farm Assured Minced Beef in a Mildly Spiced Rich Tomato Sauce served in a Soft Flour Wrap

Roasted Vegetables and Mixed Beans Wrap in a Rich Tomato Sauce Served in a Soft Flour Wrap V

Wednesday

Traditional Roast with a Rich and

Tasty Gravy Farm Assured Sliced

Vegetable and Bean Parcels Roast

Roast Potatoes, Creamed Potato,

Cauliflower, Carrots, Green Beans,

Chocolate Sponge and Chocolate

Seasonal Salad Selection, Bread

Vegetables, Mixed Beans and Rich

and Tasty Gravy encased in Puff

Savoury Rice, Garden Peas, Sweetcorn, Seasonal Salad Selection, Bread Selection

Muffin Selection

Pastry V

Selection

Sauce

## Thursday

Toad in the Hole Farm Assured Pork Sausage in a Yorkshire Pudding swerved with a Rich Gravy

Macaroni Cheese Macaroni Pasta in a Creamy Cheese Sauce topped with Cheese V

New Potatoes or Creamed Potato, Farmhouse Mixed Vegetables, Sweetcorn, Seasonal Salad Selection, Pitta Bread, Bread Selection

Fruity Flapjack



#### eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

### Friday

coated in a light Batter or Fish Cake

Potato and Mature Cheese topped with Sliced Tomatoes 🗸

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread Selection

Chocolate and Vanilla Swirl Mousse or Strawberry and Vanilla Swirl Mousse



## Monday

Beef Burger Farm Assured Minced Beef Burger in a Soft Roll

Vegetarian Hot Dog in a Soft Roll V -

Jacket Potato Wedges, Sweetcorn, Carrots, Seasonal Salad Selection, Soft Bread Roll

Chocolate and Vanilla Swirl Mousse or Strawberry and Vanilla Swirl Mousse

## Tuesday

Big Breakfast Farm Assured Sausage, Back Bacon, Free Range Scrambled Egg

Quorn Sausage, Free Range Scrambled Egg V

Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread Selection

Carrot Cake

# Wednesday

Traditional Roast a Rich and Tasty Gravy Farm Assured Sliced Meat

Roasted Vegetable Tart Seasonal Roasted Vegetables and Mixed Beans Topped with Golden Short Crust Pastry V

Roast Potatoes, Creamed Potato, Cauliflower, Carrots, Broccoli, Seasonal Salad Selection, Bread Selection

Sandwich Option

Cheese or Tuna sandwich

packed lunch available

Fruit Crumble and Custard







Thursday

Chicken Curry Farm Assured

Vegetable Curry Seasonal

Masala Sauce

Tasty Balti Sauce V

Selection, Naan Bread

Shortbread Biscuit

Breadcrumbs

**Bread Selection** 

Vanilla Ice Cream

Chicken pieces in a Chef's Tikka

Vegetables and Mixed Beans in a

Boiled Rice, Sweetcorn, Broccoli,

Seasonal Salad Selection, Bread

Friday

Battered Fillet of Fish White Fillet

Finger Fillet of Fish Coated in Crispy

Creamy Pasta Bake Pasta Twists

Chips, Mixed Vegetable,

Baked in a Creamy Cheese Sauce V

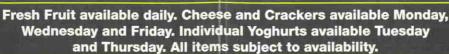
Couscous, Baked Beans, Garden

Peas, Seasonal Salad Selection,

coated in a light Batter or Fish

GROWS SO QUICKLY THAT YOU CAN HEAR IT.

> Wrockwardine Wood Junior



Battered Fillet of Fish White Fillet

Cheese and Potato Bake Creamed











