



Lesson 1

Who taught you in this session?		Teacher	TA	CS	1:1
Independent		Supported			
Celebrating Difference					
Child	<u>PSHE: to understand that cultural differences sometimes cause conflict.</u>				Teacher
	<u>SE: I am aware of my own culture.</u>				
	I understand the term 'culture'.				
	I understand that sometimes, cultural differences can cause conflict.				
	I am aware of my own culture and can celebrate the differences between my culture and others.				
	I can accept that everyone is different.				
Lesson 1					
Key vocabulary:					
Culture					
Conflict					
Difference					
Similarity					
Belong					
Culture wheel					

Jigsaw!



The Jigsaw! Charter

We take turns to speak

We use kind and positive words

We listen to each other

We have the right to pass

We only use names when giving compliments or when being positive

We respect each other's privacy (confidentiality)



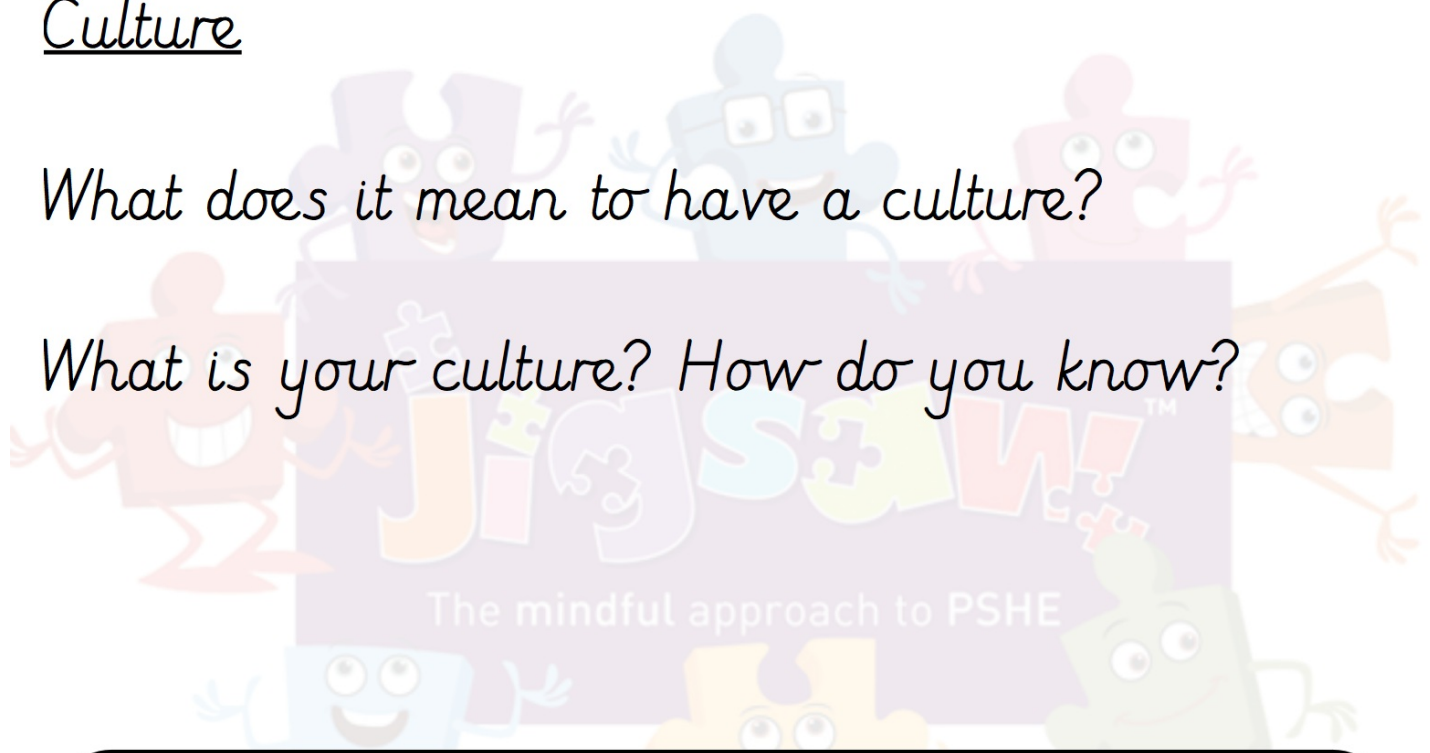


Talk to me about these pictures...

Culture

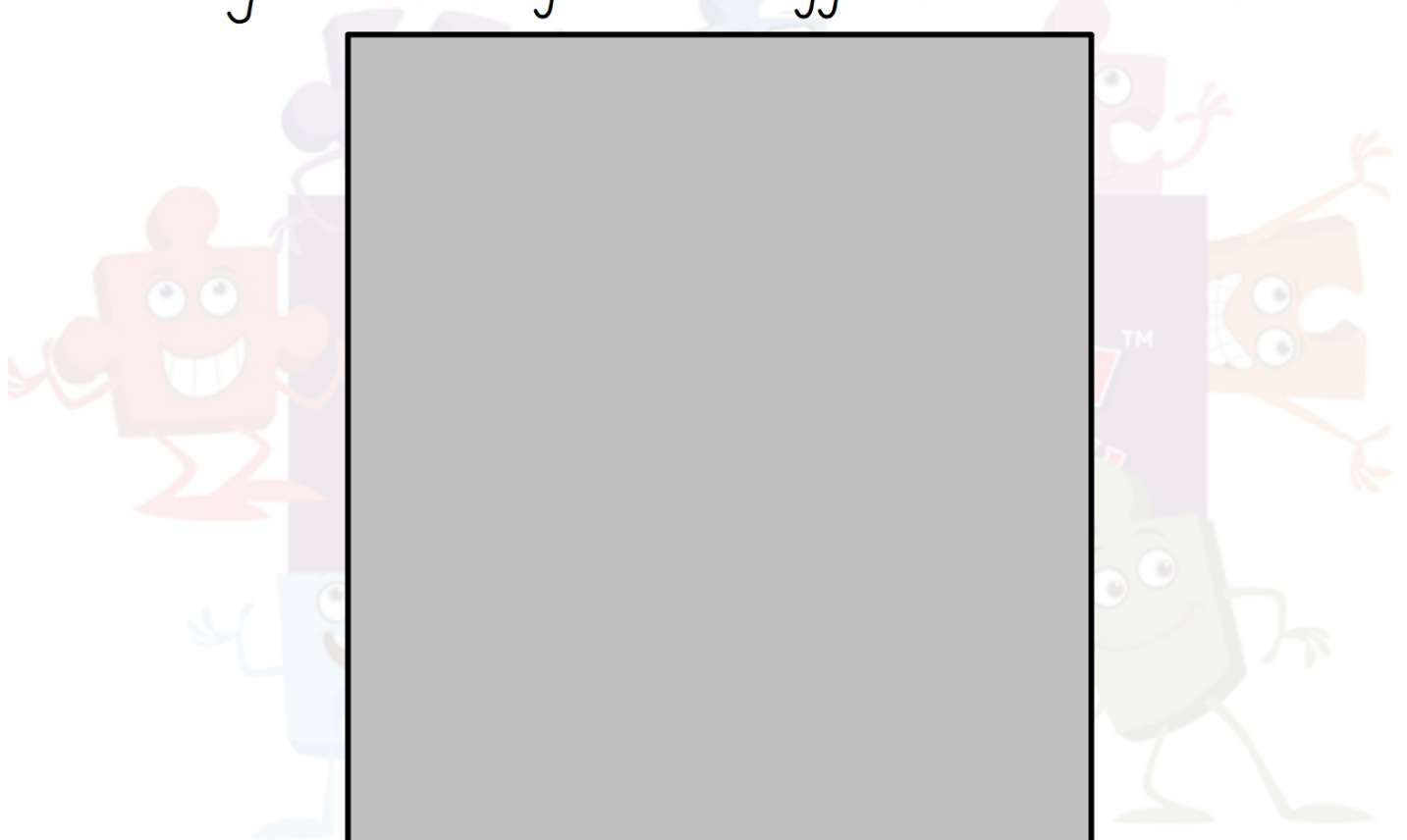
What does it mean to have a culture?

What is your culture? How do you know?



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Can you think of some different cultures?

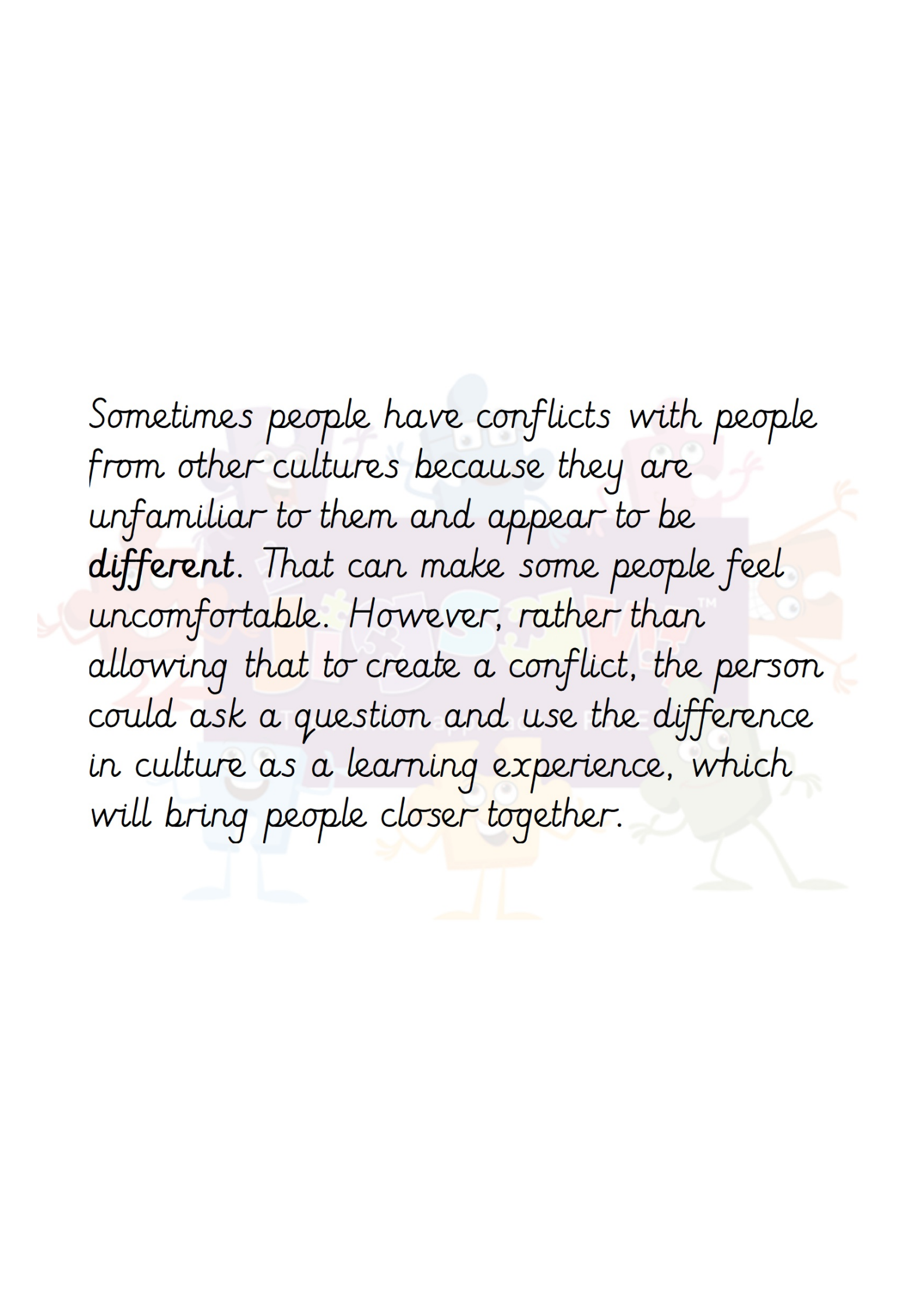


We are all different and belong to different groups.

We all need to belong and need to celebrate our uniqueness and specialness, as well as our similarities and differences.

Sadly, sometimes, people allow differences to cause conflict.

Can you think of an example where difference has caused conflict?



Sometimes people have conflicts with people from other cultures because they are unfamiliar to them and appear to be different. That can make some people feel uncomfortable. However, rather than allowing that to create a conflict, the person could ask a question and use the difference in culture as a learning experience, which will bring people closer together.

| A child tells another child at lunchtime that their food smells disgusting.

2) A child gets called names for wearing a turban or another religious item.

| A child tells another child that their religion is wrong.

4) A child makes fun of a new child because they speak a different language.

| A child says it is not normal to have two mums.

How can these situations be changed into a learning moment?

Discuss

Cut each scenario card out.

On a post-it note, write how this conflict could be turned into a learning moment.

Challenge:

Think of 3 culture conflicts of your own.

Think of a learning moment for your conflict.

1) A child tells another child at lunchtime that their food smells disgusting.

2) A child gets called names for wearing a turban or another religious item.

3) A child tells another child that their religion is wrong.

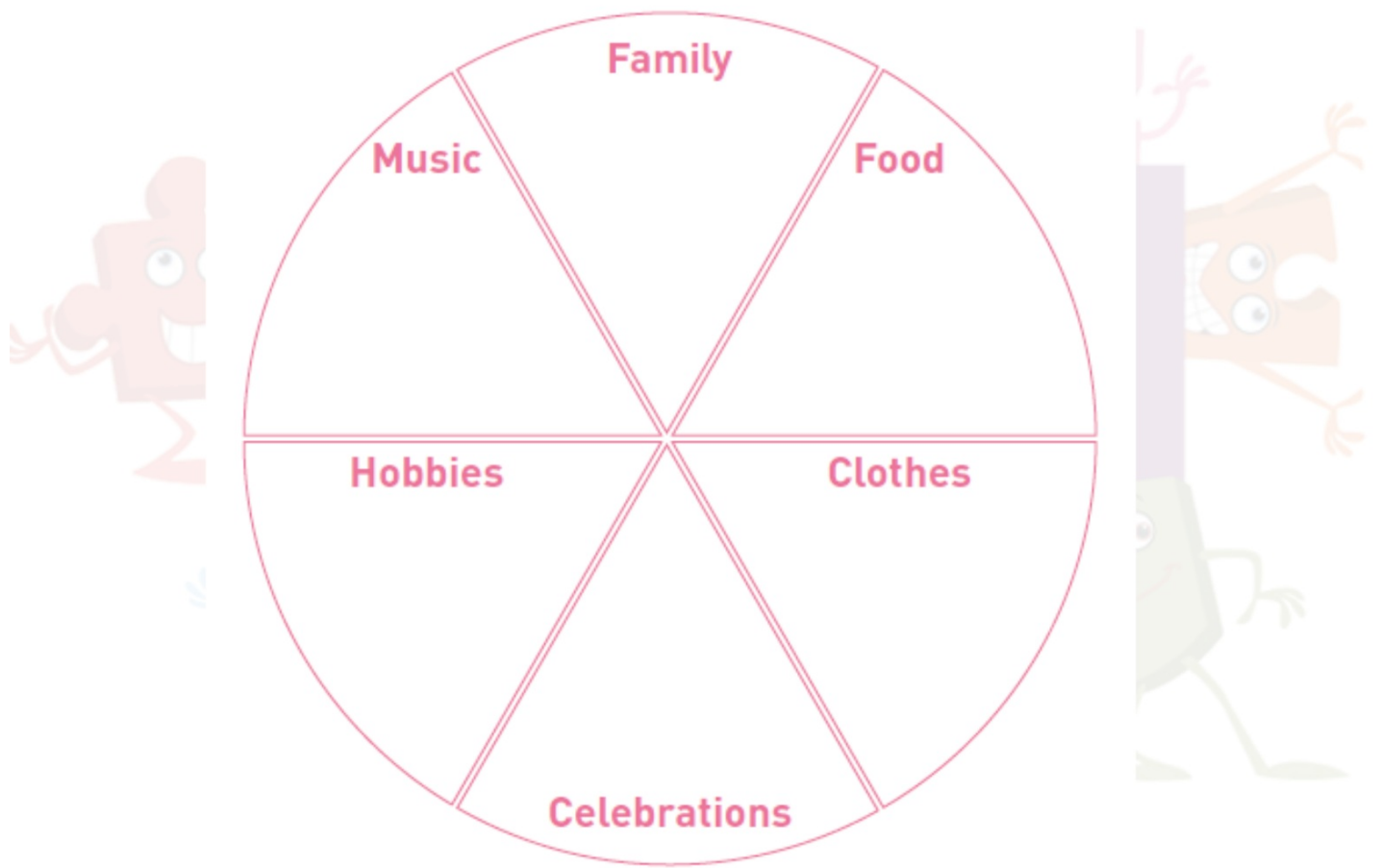
4) A child makes fun of a new child because they speak a different language.

5) A child says it is not normal to have two mums.

Blank box for writing a response to scenario 5.

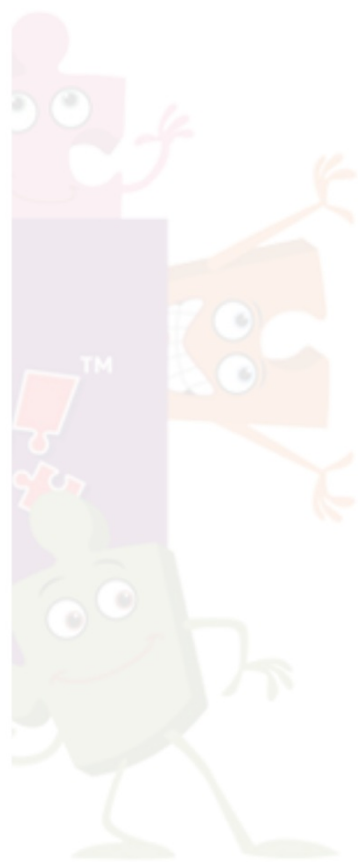
Blank box for writing a response to scenario 5.

Create a culture wheel...



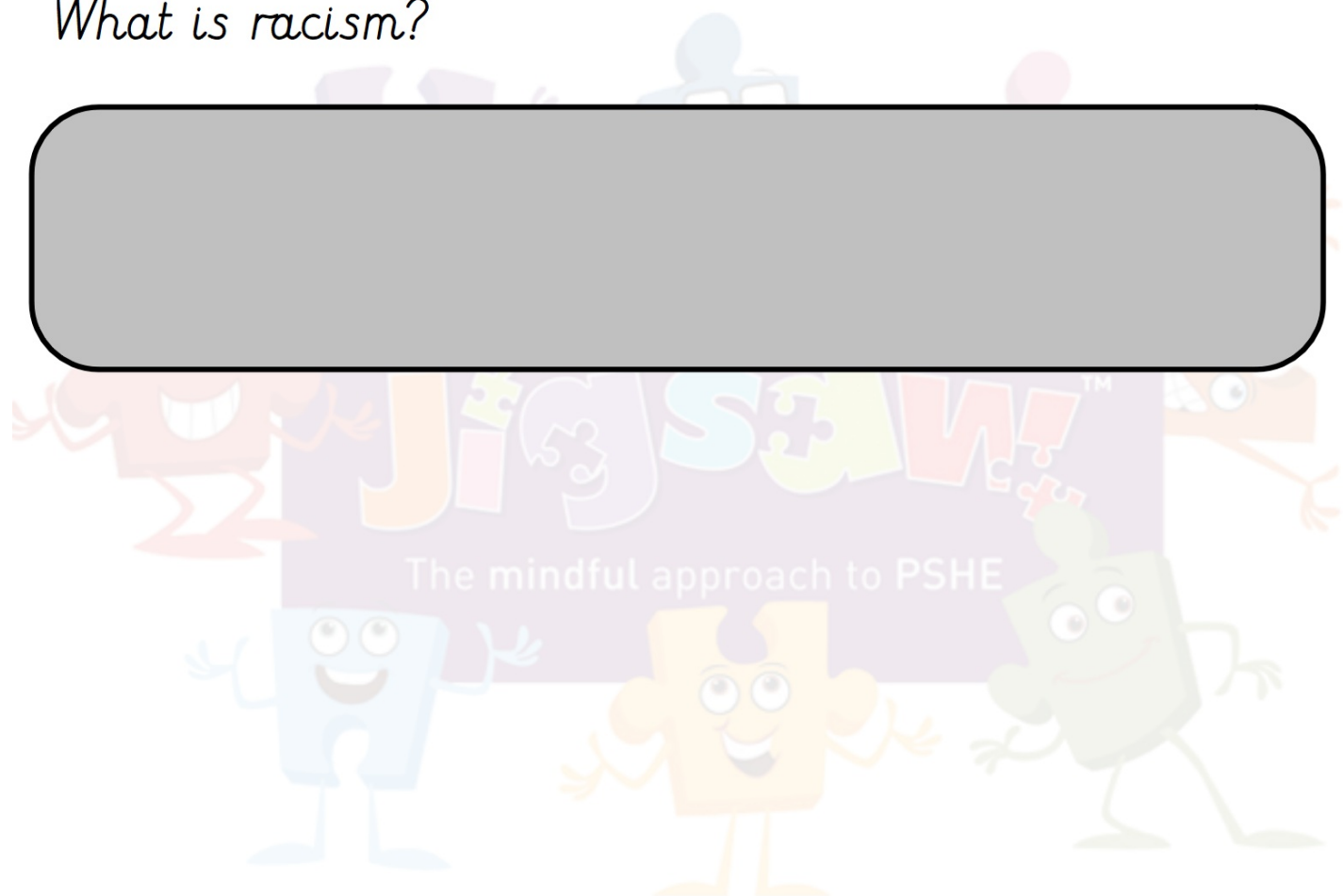
Lesson 2

Who taught you in this session?		Teacher	TA	CS	1:1
Independent		Supported			
Celebrating Difference					
Child	<u>PSHE: To understand what racism is.</u>				Teacher
	<u>SE: I am aware of my attitude towards people of different races.</u>				
	I understand the term 'racism'.				
	I know that all people, no matter what race, deserve to be treated equally and with respect.				
Lesson 2					
Key vocabulary: Racism Colour Race Discrimination Culture Ribbon					



What is racism?

A large, empty, rounded rectangular box with a black border, intended for a student's response to the question above.





Abdul



Atira

Abdul and Atira are moving to a new school.

Abdul and Atira speak English at school but Urdu with their family.

Most of the children in their new school are white.

Abdul goes to Mosque with his father most evenings.

Abdul and Atira were born in this country and are British citizens.

Abdul and Atira have brown skin, dark hair and brown eyes.

Abdul and Atira are Muslims.

The children's old school had mostly Muslim children and they have never had any friends from a different culture.

Abdul and Atira are good at school work.

Atira's parents like her to wear a hijab (a scarf headpiece).

Abdul likes football and Atira likes to make Lego models.



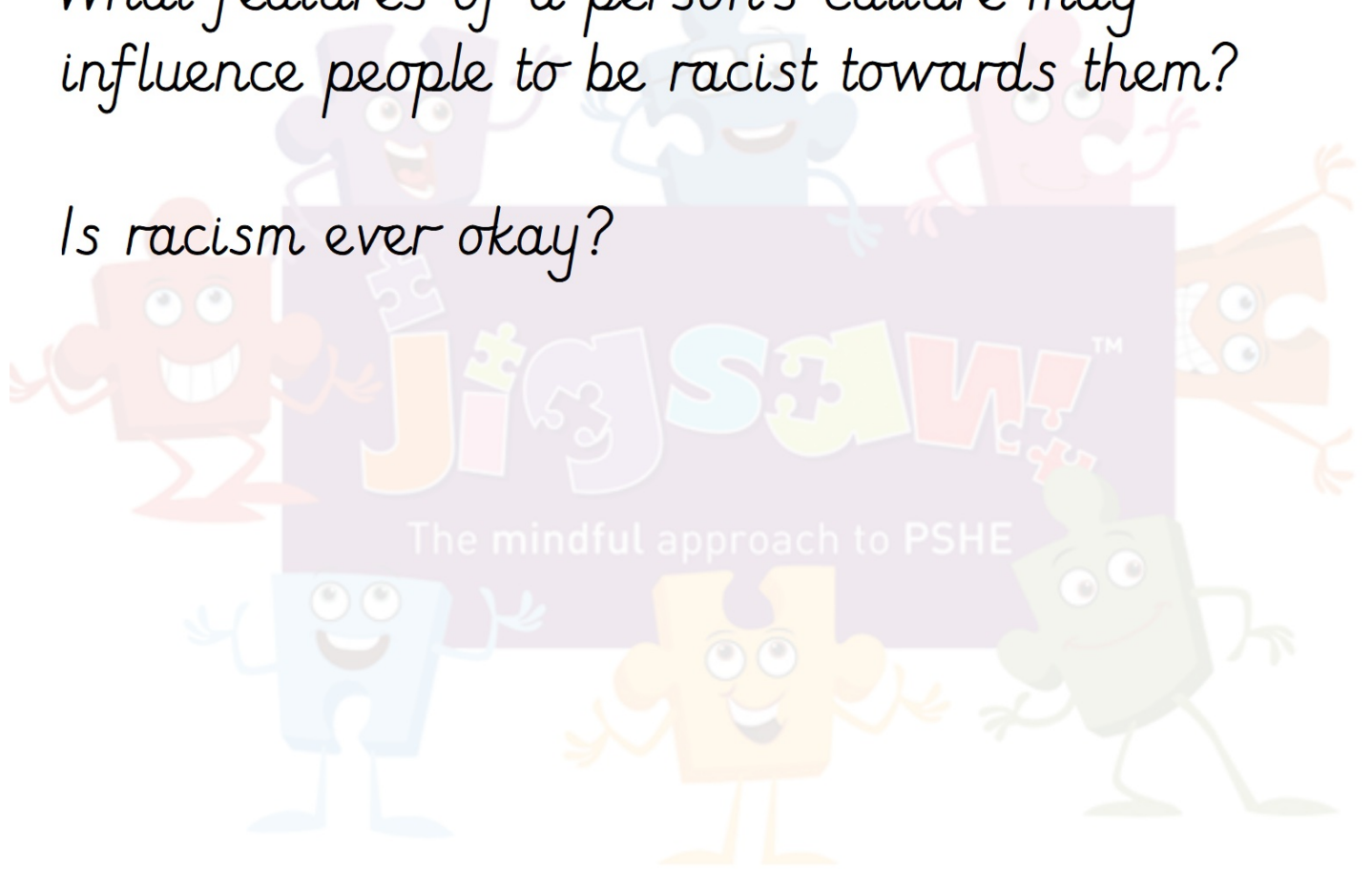
Here are some facts about Abdul and Atira.

In groups, rank them in order according to this question...

Which of these facts might cause Abdul and Atira to face racism in their new school?

What features of a person's culture may influence people to be racist towards them?

Is racism ever okay?





Has anyone seen this symbol before?

What does it represent?



Design a ribbon to show that we need to fight racism.

You can include slogans, words, pictures and colours to get your message across.

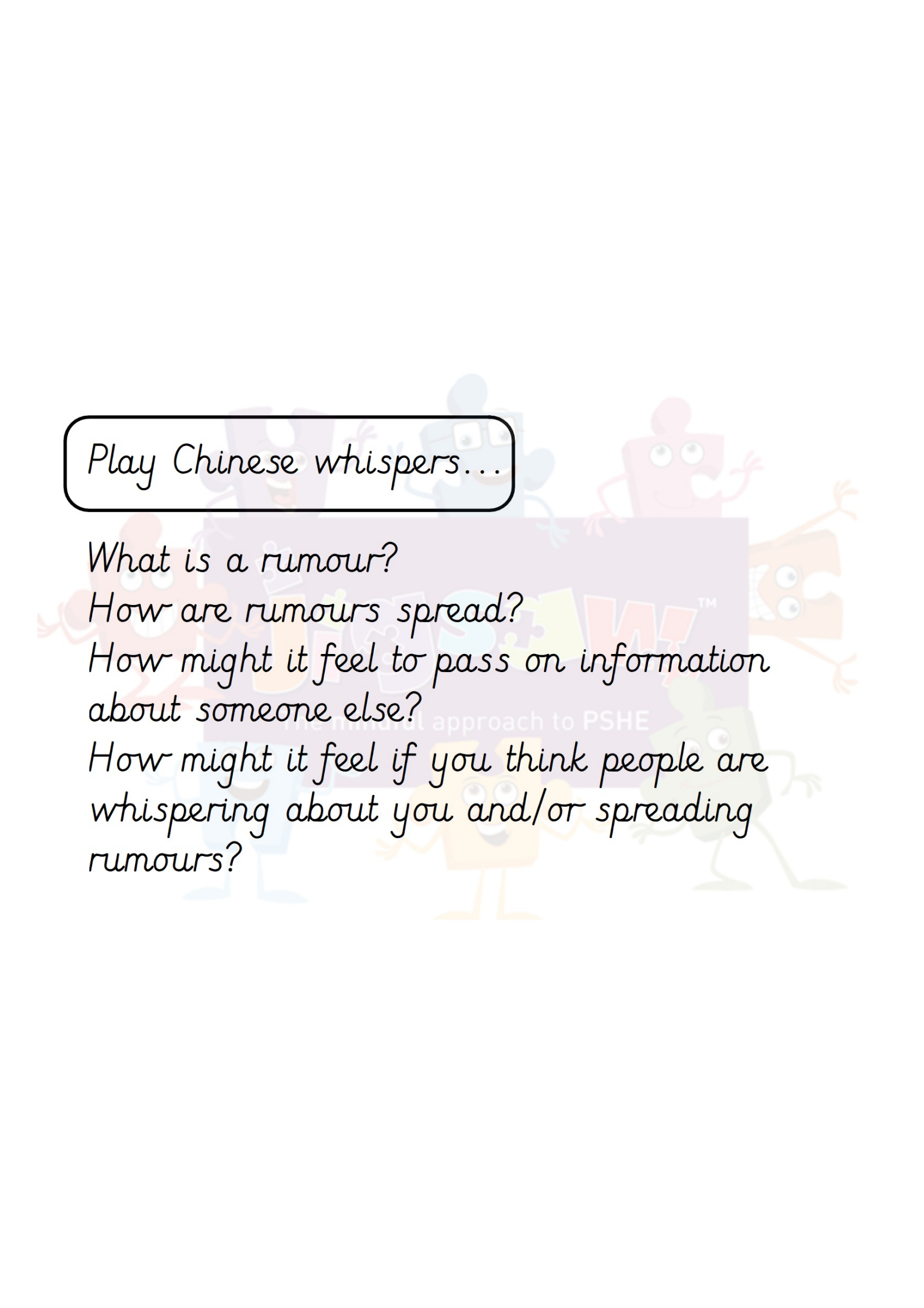


Mrs Henry will judge these and choose a winner.

The winning design will be made into a poster which will be displayed on the school website and in main reception.

Lesson 3

Who taught you in this session?		Teacher	TA	CS	1:1
Independent		Supported			
Celebrating Difference					
Child	<p><u>PSHE: I understand how rumour-spreading and name-calling can be bullying behaviours.</u></p> <p><u>SE: I can tell you a range of strategies for managing my feelings in bullying situations and for problem-solving if I am part of one.</u></p>				Teacher
	I can identify some bullying behaviours.				
	I know how to help someone being bullied.				
Lesson 3					
<p>Key vocabulary:</p> <ul style="list-style-type: none"> Bullying Rumour Name-calling Racist Homophobic Cyber bullying Texting Problem-solving 					



Play Chinese whispers...

What is a rumour?

How are rumours spread?

How might it feel to pass on information about someone else?

How might it feel if you think people are whispering about you and/or spreading rumours?



Lottie has recently moved to the school. She has few friends and recently a group of girls has made it obvious they will not accept her into their group. They isolate her and give her nasty looks. They make her feel like they are talking about her and she has recently begun to receive anonymous text messages calling her names. Lottie feels very lonely, sad and isolated and is feeling scared about coming to school.

Discuss in your teams:

Is Lottie being bullied?

Justify your answers.

1. It doesn't just happen once: it goes on over time and happens again and again
2. It is deliberate: hurting someone on purpose, not accidentally
3. It is unfair: the person doing the bullying is older, stronger and more powerful (or there are more of them) and even if the bully is enjoying it, the person being bullied is not.

Name-calling and rumour-spreading can be just as hurtful as physical bullying.



Write a way Lottie or someone in her class could help solve this situation or make it better.



Write something that might make this situation worse.

Why may people get bullied?



Complete self-assessment

Name

TINT BOX - To improve next time I...

Piece 1	I understand that cultural differences sometimes cause conflict.					
	I am aware of my own culture.					
Piece 2	I understand what racism is.					
	I am aware of my attitude towards people from different races.					
Piece 3	I understand how rumour-spreading and name-calling can be bullying behaviours.					
	I can tell you a range of strategies for managing my feelings in bullying situations and for problem-solving when I'm part of one.					

I don't get this at all

I'm getting there but need some help to understand

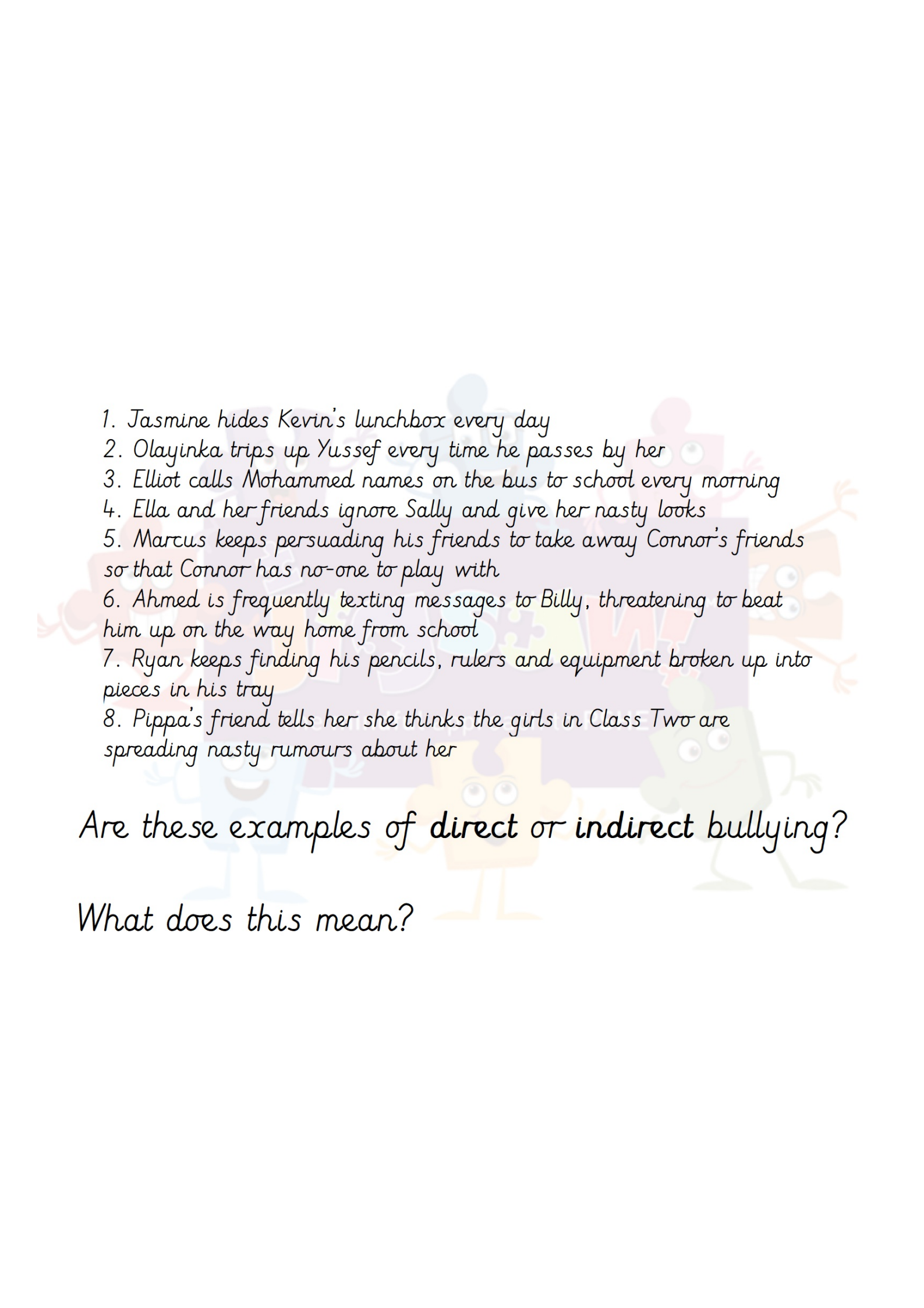
I get this and can give examples if you ask me

I missed this lesson



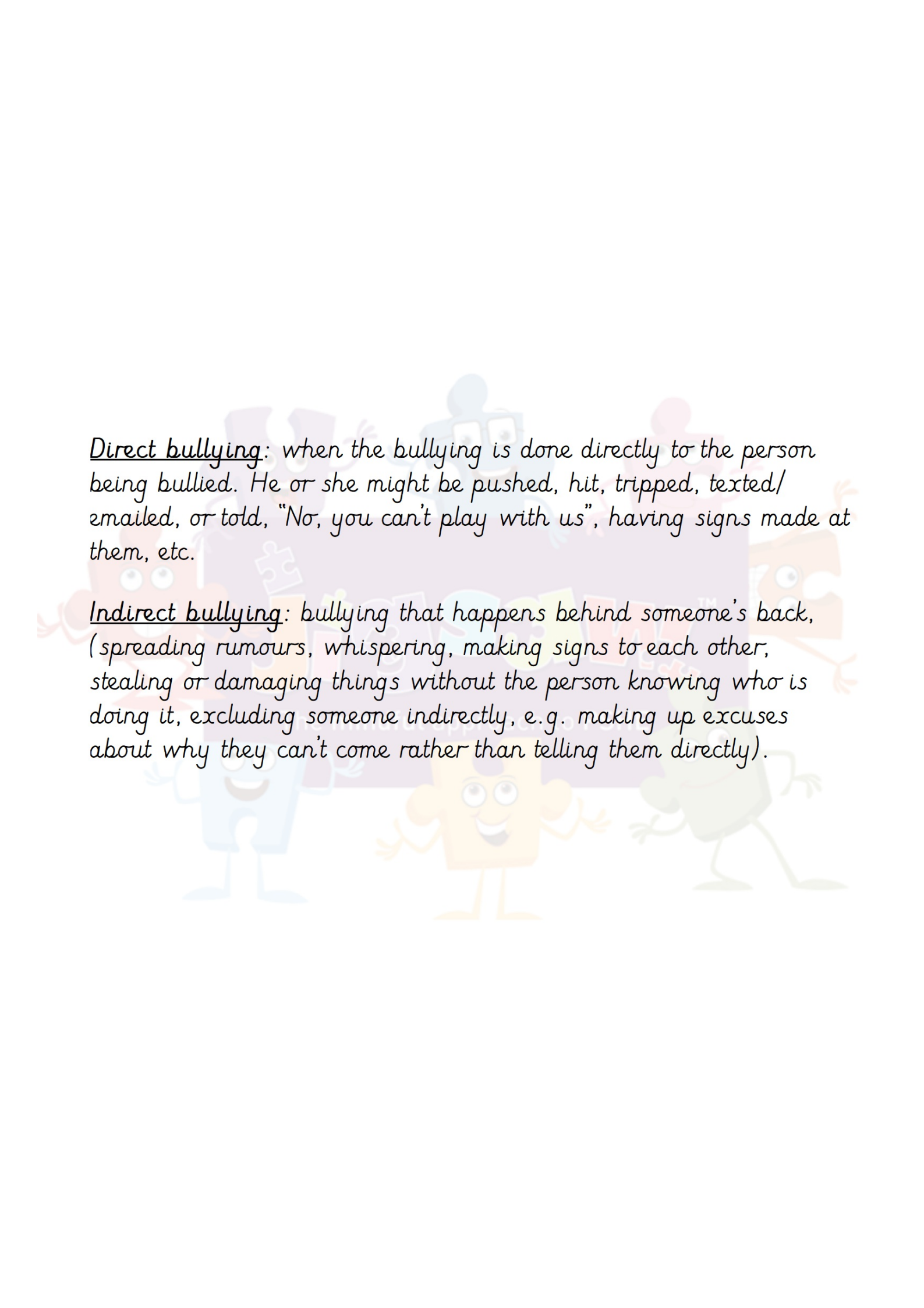
Lesson 4

Who taught you in this session?	Teacher	TA	CS	1:1
Independent	Supported			
Celebrating Difference				
Child	<u>PSHE: To explain the difference between direct and indirect types of bullying.</u> <u>SE: I know some ways to encourage children who use bullying behaviours to make other choices and know how to support children who are being bullied.</u>			Teacher
	I know the differences between direct and indirect bullying.			
	I understand some ways that can encourage children to avoid using bullying behaviours.			
	I know how to help someone who is being bullied.			
Lesson 4				
Key vocabulary: Bullying Indirect Direct Cyber bullying Texting				

- 
- A background illustration featuring several colorful, cartoonish characters. There are blue, orange, green, and purple figures with large eyes and simple bodies, some appearing to be in motion or interacting. The style is bright and child-friendly.
1. Jasmine hides Kevin's lunchbox every day
 2. Olayinka trips up Yussef every time he passes by her
 3. Elliot calls Mohammed names on the bus to school every morning
 4. Ella and her friends ignore Sally and give her nasty looks
 5. Marcus keeps persuading his friends to take away Connor's friends so that Connor has no-one to play with
 6. Ahmed is frequently texting messages to Billy, threatening to beat him up on the way home from school
 7. Ryan keeps finding his pencils, rulers and equipment broken up into pieces in his tray
 8. Pippa's friend tells her she thinks the girls in Class Two are spreading nasty rumours about her

Are these examples of direct or indirect bullying?

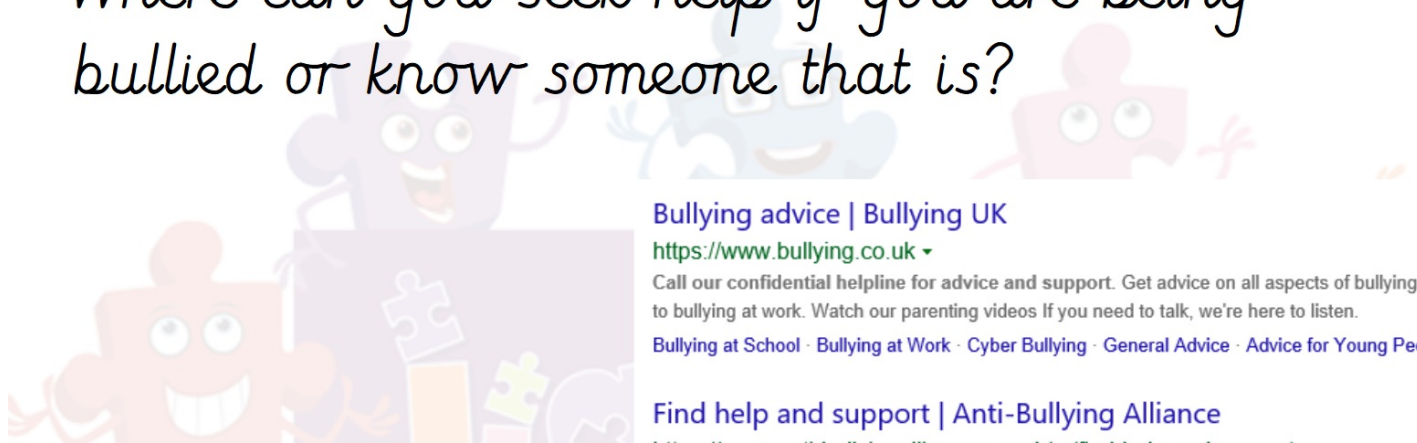
What does this mean?



Direct bullying: when the bullying is done directly to the person being bullied. He or she might be pushed, hit, tripped, texted/ emailed, or told, "No, you can't play with us", having signs made at them, etc.

Indirect bullying: bullying that happens behind someone's back, (spreading rumours, whispering, making signs to each other, stealing or damaging things without the person knowing who is doing it, excluding someone indirectly, e.g. making up excuses about why they can't come rather than telling them directly).

Where can you seek help if you are being bullied or know someone that is?



Bullying advice | Bullying UK

<https://www.bullying.co.uk> ▼

Call our confidential helpline for advice and support. Get advice on all aspects of bullying, from bullying at work. Watch our parenting videos. If you need to talk, we're here to listen.

[Bullying at School](#) · [Bullying at Work](#) · [Cyber Bullying](#) · [General Advice](#) · [Advice for Young People](#)

Find help and support | Anti-Bullying Alliance

<https://www.antibullyingalliance.org.uk/.../find-help-and-support> ▼

... support to young people affected by crime. Their Children and Young People's Helpline deals with cases of bullying; offering advice and working with professional services to provide the support they need. You can ...

Support With Bullying

<https://www.kidscape.org.uk> ▼

... support for families facing a bullying situation. Call our Parent Advice Line for friendly, impartial, non-judgmental information, advice and support for those concerned about their child or young person being bullied.

Dealing with bullying and cyberbullying | Childline

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/types...> ▼

... help you feel more confident and in control when someone's bullying you. Get support from someone you trust. You don't have to cope with bullying alone. Talking to an adult you trust can help you find ways to stop the bullying. If you don't know who to talk to, talk to us.

Dealing with bullying and getting support | nidirect

<https://www.nidirect.gov.uk/articles/dealing-bullying-and-getting-support> ▼

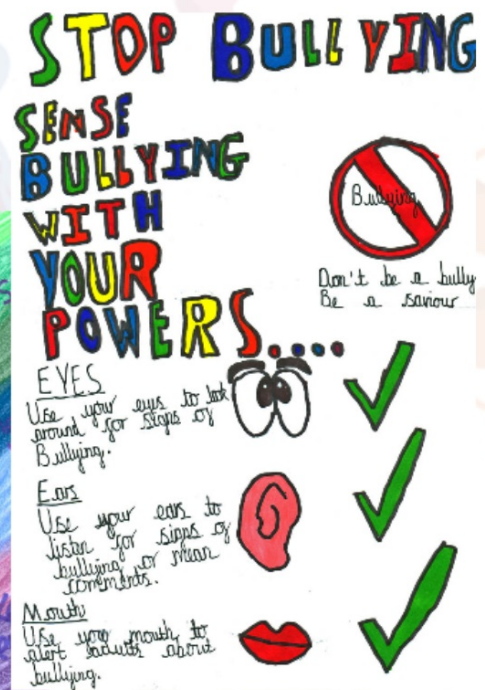
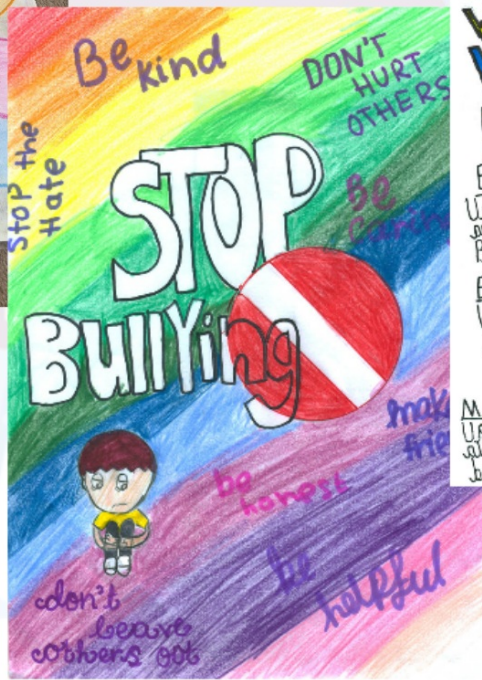
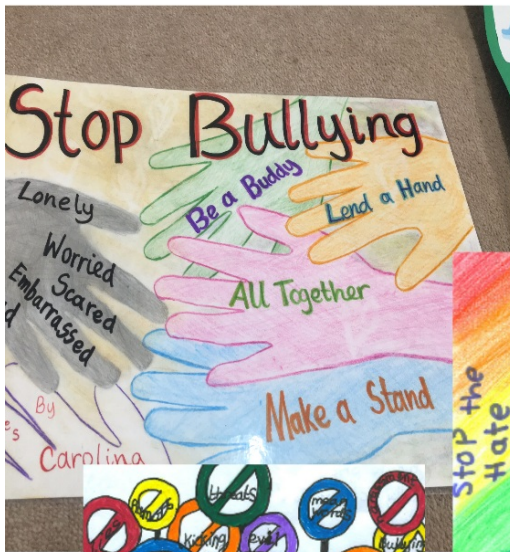
... if you have spoken to your child's teachers and school and the bullying isn't getting better, or you're not happy with the way the school is dealing with it, you can refer the...

Support and help | Mind

<https://www.mind.org.uk/find-help/feelings-and-symptoms/bullying> ▼

... if the bullying is happening outside school. Talk to your parents or carers, close relatives such as grandparents, aunts and uncles, or even your friends' parents. Youth workers and leaders may also be able to help too. If the bullying is happening online, tell a ...

Create an anti-bullying poster to display in school.



Lesson 5

Who taught you in this session?		Teacher	TA	CS	1:1
Independent		Supported			
Celebrating Difference					
Child	<u>PSHE: To compare my life with people in the developing world.</u> <u>SE: I can appreciate the value of happiness regardless of material wealth.</u>				Teacher
	I understand the term 'developing world.'				
	I understand that <u>happines</u> does not depend on material things but who you are surrounded by.				
Lesson 5					
Key vocabulary: Happiness Difference Culture Similarity Continuum Developing world Racism Discrimination Direct and indirect bullying					

As a team, arrange these cards from left to right, in order of how happy they make you feel!

iPad/tablet	Family
Friends	Clean water
Warm home	Healthy food
Education	Freedom
Lots of money	Bike
Mobile phone	Pet
Toilet	Safety



Discuss similarities and differences between each team's choices...

BBC

Sign in



News

Sport

Weather

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TWO Children at Work

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Sort your happiness cards again, but this time from the perspective of the children in the clip.

What could you add to the blank cards?

How are your personal continuums and the cocoa plantation children's continuum different? Why do you think your continuum is different?

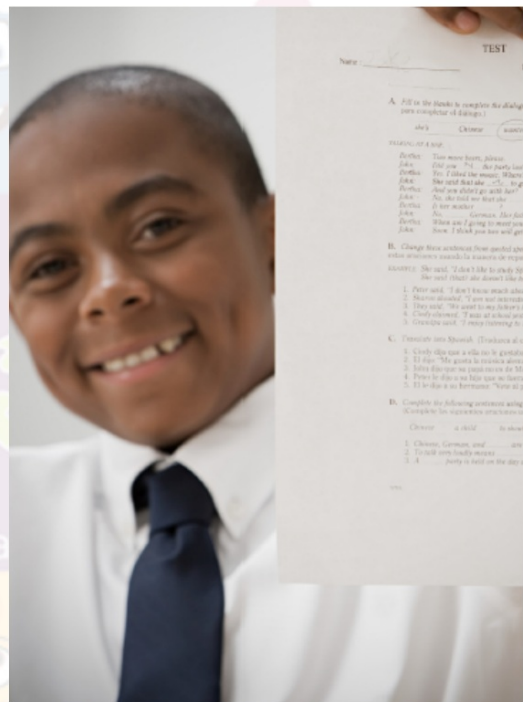
What do you think might make the Ghanaian children happier?

What we value often depends on our culture and situation.

Hello my name is Joseph and I am 10 years old. I live in Ghana's capital city, Accra. Accra is a large city and it is also on the coast. My family choose not to live in town because it is busy and noisy. Instead we live on the city's outskirts in a large modern house with its own front and back garden. We have a swimming pool, which is great, because I love to swim especially when the weather gets very hot.

When people in other countries imagine Africa, they sometimes think that everyone is poor. My parents have good jobs in the city so we have plenty of money to afford luxuries. For my last birthday I had a new mobile phone, one of the top-of-the range ones. Most of my friends in school also have mobiles and we chat a lot on social media. I also have a pony.

I go to a private school in Accra. My parents earn enough money to pay the school fees for me to go. School hours are long and I'm usually in school by 8.30 am and because of homework club and other school activities I don't get home until 6pm. I get dropped off and collected from school by Monica. Monica is my Nanny. That's not a grandparent, she is paid to look after me by my parents because they have very busy jobs and aren't around much to take care of me. Monica is really nice and she cooks me really good food, but I do wish Mum and Dad would spend more time at home.



Both my parents travel a lot for work and they are always going abroad. If it's school holiday time I can sometimes go with them. I have been to the USA and England, Australia and South Africa. My best trip was when we went to Disney World in Florida. Mum and Dad had business in America so Monica took me to Florida for a week. Mum managed to join us for a couple of days and it was really good to spend time with her by myself.

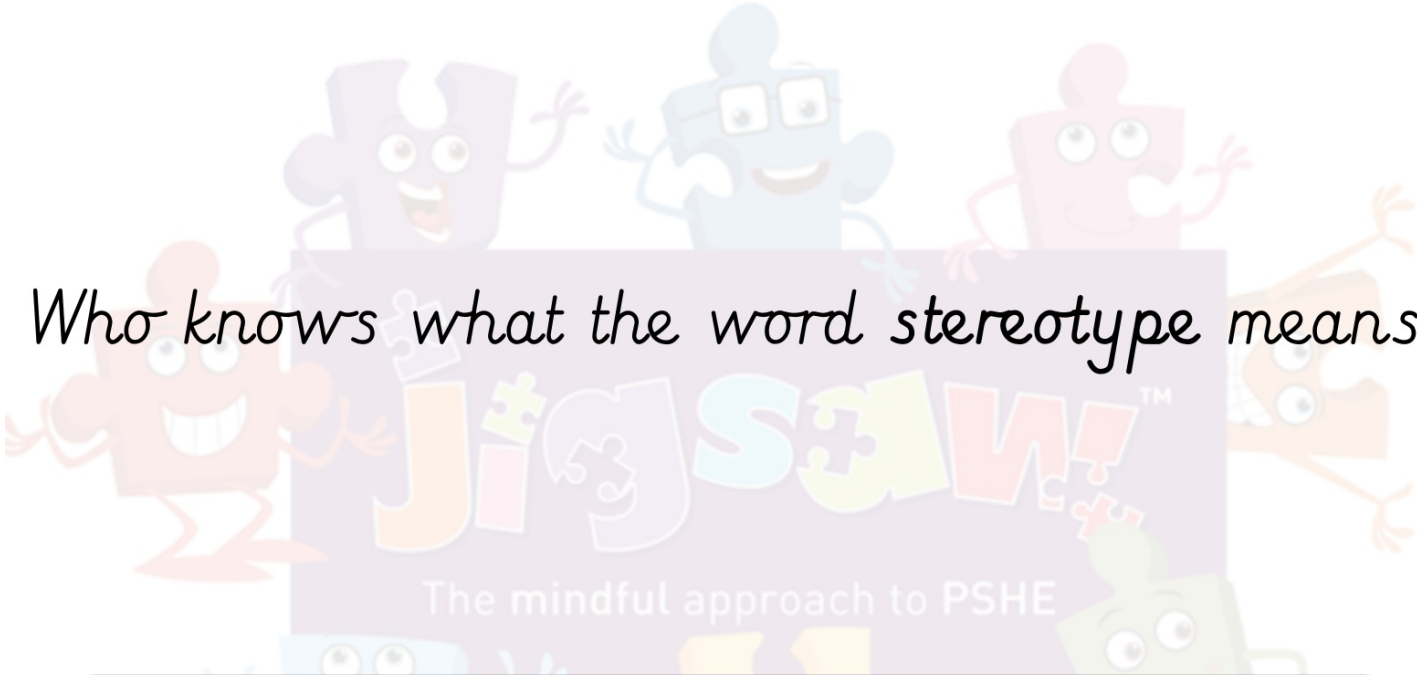


At school we learn English. I speak English fluently and all our lessons in school are taught in this language. This will be helpful because when I am older, I would like to become an astronomer like Professor Stephen Hawking. I am good at maths and physics, and to pursue my dream I want to go to a University in America or England. Mum and Dad really want me to go to a top University, and they have already said if I need extra lessons to make sure I am good enough, they will pay for a private tutor to teach me at home in my spare time. I hope I can learn enough at school because I am not very keen on having extra lessons!

On the weekends and holidays, if Mum and Dad aren't around, Monica takes me out sometimes to the movies or to watch soccer, my favourite sport. After school in the evenings I am usually quite tired because school is so busy. Most of my leisure time is spent messaging my school friends or watching satellite TV, which I have in my bedroom. Monica also lets me use the internet and I have a games console, but she is very strict about how much time I can spend on it! On most Saturday's I go riding on my pony at a local club.

Mum and Dad want me to learn lots of skills, so on three evenings a week I do other activities. On Monday's I go to soccer, on Tuesday's I have piano lessons, and on Friday's I go to painting class. On Sunday's I go to Sunday School, because my family is Christian. My life is so busy, sometimes I wonder how I fit everything in. Fortunately, Monica is very good at keeping me organised!

What surprises you about Joseph? Why?



Who knows what the word stereotype means?

The mindful approach to PSHE

A large, empty, rounded rectangular box with a black border, intended for a student's answer.

Take a moment to think and discuss...

Does money affect happiness?

Is there anything that might make the city child happier?

Is this material or are there other important things?

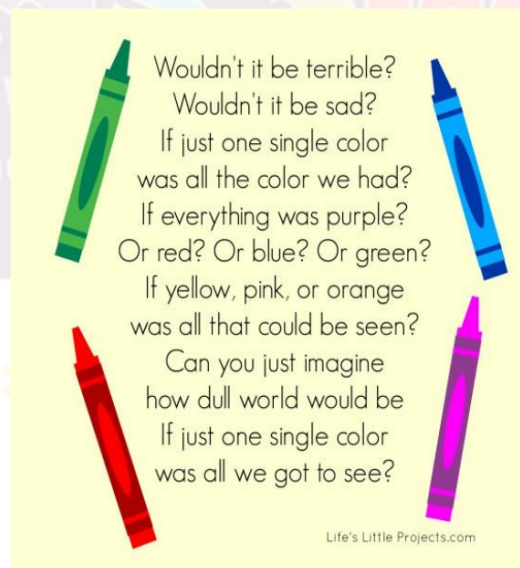
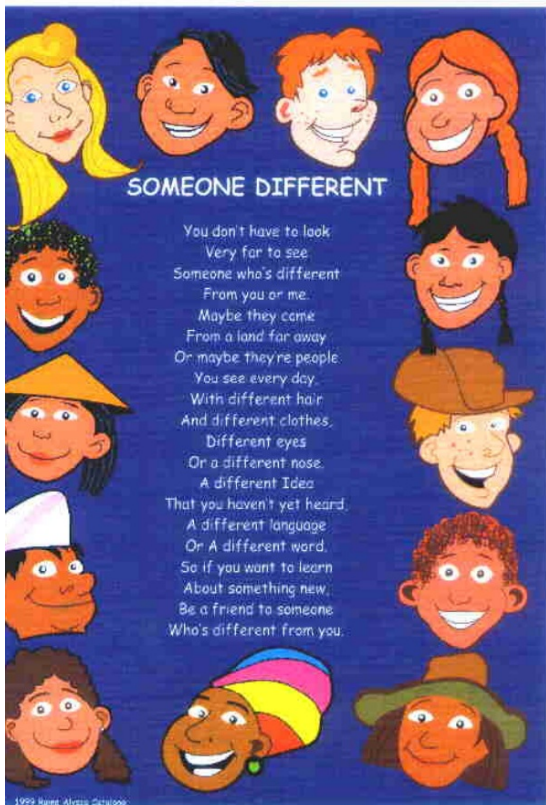
Are there richer and poorer people in every culture?

Lesson 6

Who taught you in this session?		Teacher	TA	CS	1:1
Independent		Supported			
Celebrating Difference					
Child	<u>PSHE: To understand a different culture from my own.</u>				Teacher
	<u>SE: I respect my own and other people's cultures.</u>				
	I understand a different culture to my own.				
	I respect my own and other people's cultures.				
	I know how to give and receive compliments.				
Lesson 6					
Key vocabulary: Culture Celebration Artefacts Display Presentation					

Think back to the past few lessons, when we have looked at celebrating difference.

Using what you have learnt, create a poem that celebrates difference.



Name

					TINT BOX - To improve next time I...
Piece 4	I can explain the difference between direct and indirect types of bullying.			
	I know some ways to encourage children who use bullying behaviours to make other choices and know how to support children who are being bullied.			
Piece 5	I can compare my life with people in the developing world.			
	I can appreciate the value of happiness regardless of material wealth.			
Piece 6	I can understand a different culture from my own.			
	I respect my own and other people's cultures.			

I don't get this at all

I'm getting there but need some help to understand

I get this and can give examples if you ask me

I missed this lesson

