

Football: Year 3 PE Outcomes

1. Throw and catch displaying with accuracy, in isolation and varied environments
2. Demonstrate changes of direction, speed & level in competitive environments or during performances
3. Demonstrates a clear understanding of how the body changes/functions during exercise
4. Moves in a fluent and expressive manner
5. Plan, perform and repeat sequences of movements in a group
6. Competent in the FUNDamentals of movement (Jog, Sprint, Hop, Weight on Hands, Jump, Balance & Coordination)
7. Use FUNDamentals of movement to employ simple tactics in competitive environments
8. Swim 25m unaided
9. Displays an understanding of fair play, respect and working well with others

Working Towards Age Expected	Expected Level	Working at Greater Depth