



Wrockwardine Wood C of E Junior School

'Wrockers' Weekly

'Love, Laugh and Learn'

This Half Terms Value — Thankfulness

Friday 14th March 2025



Granville Trip Year 5

When we arrived, we went off into our groups and saw the parts of the canal, a pool and old mill ruins. Then, we went to have a look at the Lodge Furnaces while doing our activity (which was finding things that are human and physical geographical features). We learnt lots about our local nature park and worked through an activity booklet where we drew a map and used OS symbols on the map. Our final activity was to be geography detectives and answer questions about the ruins. It was a great trip with lots of walking! – Mary and Darcy 5B

This was a great opportunity for the children to explore their local area focusing on the physical features and linking back into their learning at school. Everyone had a wonderful morning especially Nala.



Dates for your Diary

Friday 21st March
Comic Relief—messy hair day with school uniform

Monday 31st March
Parents Evening
Years 3 and 4

Wednesday 2nd April
Parents Evening
Years 5 and 6

Friday 4th April
Easter Egg competition judged

Friday 11th April
Spelling Bee final

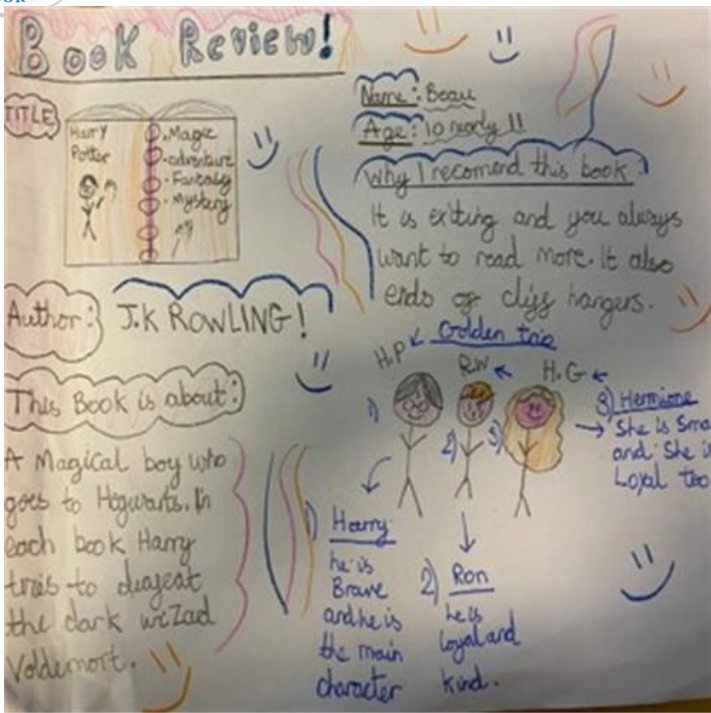
7th—9th April
Standon Bowers Residential Year 4

Thursday 10th April
Easter Service in church—Year 4 parents invited

Friday April 11th
Break up for Easter holidays

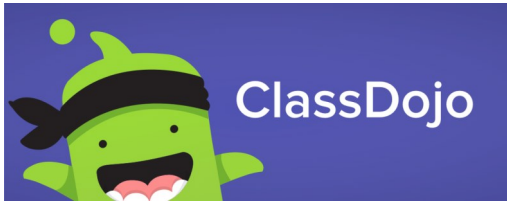
Achievement Award 6S	TA Award	Star of the Week	Lunchtime Award	Headteacher Award
Jacob L	Logan C	5B ~ Darcy	Stephanie	Amelia R
Leo B		5H ~ Vinnie	Shayla—Mai	
Harmony F		6D ~ Vinnie	Poppy	
Kylie K		6KS ~ Tyler		
Xavier W		6S ~ Nikita		
Charlie H				

Book Review



Dojo Use

Dojo is a fantastic way for you to contact your child's class teacher, share news and messages. It also has a function to translate to your chosen language, making it accessible for all. The system also allows teachers to easily send information and updates to parents. You can send Dojo messages at any time but please respect the teacher's working hours. Teachers are not expected to respond to Dojo messages during their quiet time (5:30pm to 8:00am). It is also not guaranteed that teachers will check Dojo during the day when they are in class and if it is an important message for that day can you please contact the school office. If you have a safeguarding or serious concern, please contact a DSL or the Headteacher via the school office on 01952 387880.



We are very excited to announce that we will be holding a whole school spelling bee on Friday 11th April! Finalists will be chosen within classes

over the next few weeks and the top 2 spellers from each class will go forward to the final. They have been given a list of the words that will be tested by their teacher so any support you can give them with learning the spellings would be greatly appreciated!

Mobile Phones

We have successfully operated a no phone policy in school for pupils for a couple of years. This policy ties in with the new government guidance. If your child needs to bring a phone into school a request must be made in writing to the Headteacher with justification for the need to bring the phone in. Following approval the child can bring their phone in with them. The phone must be switched off at the school gate on entry and to be turned back on until leaving. The phone must be handed into the office on arrival where it will be stored safely until the end of the day.

This policy is in place to safeguard and protect all of the children in our school.



Please could I remind you that children should be going on TTRock Stars at least four times a week as this will hugely improve their ability to answer multiplication and division facts in school. We will be holding assemblies regularly to hand out certificates and children will be awarded prizes if they are the best in their class. Tournaments are set regularly and Class Dojos will be awarded for the best Year group each week.

Thank you for your continued support.

The Wrockwardine Wood CE Junior School "Living life in all its fullness"

challenge.

This week's challenge is to:
As a family, learn 3 phrases in a new language!

We would love to see your photo please email them to: a3129@telford.gov.uk or DoJo to your class teacher.



MFL Phrase of the Week!

Here is our French phrase of the week!
 We hope you enjoy practising and learning it at home!

**Aujourd'hui,
 c'est le...
 Today is...**



Art Sale

On Tuesday we had our art sale organised by Miss Burn (our Art leader). The children were very excited about selling their art work. We raised £150 which will be used to buy new art resources in each of the classrooms. There was a great parent turn out and the children were all very proud of their wonderful creations. The event raises the profile of art and makes the children feel like a professional artist.



Active Families! - Here is an idea for a quick, active and fun activity you could carry out with your family this

Team Tie



Get Set 4 Education

What you need: one dressing gown rope and two players minimum.

How to play:

- Players take hold of the dressing gown rope.
- As soon as they hold the rope they cannot release or move their hands (like they have glue on them).
- The aim of the game is to see how many knots the players can tie in the rope.
- Make this harder by timing yourself. How quickly can you tie one knot?
- Top tip: plan your strategy before you touch the rope.



Teamwork makes the dream work.

www.getset4education.co.uk

Lawndale Visit

On Wednesday, 10 lovely children from year 5 read some spectacular books to some special ladies. As we walked in, we each greeted a lady then started to introduce ourselves and read. We read 'Little People, Big Dreams' and a bit of Charlotte's web. After a while, we remembered that our teachers brought some coloured pens and paper so we decided to colour with them. At last, the amazing time had to come to an end with the lovely ladies saying goodbye to our new friends. It was the best time and we cannot wait to return again 😊

Written by Theo and Esmae 5B



weekend! We hope you enjoy!



This week, we have launched the 99 Club which is a mental-oral starter. It aims to raise standards in maths through encouraging pupils to improve their mental calculations when attempting quick-fire multiplication and division problems. The children will be completing this twice a week and will have the opportunity to earn certificates.

Red Nose Day 2025

We will be supporting Comic Relief on Friday 21st March and will be having a 'Messy Hair' Day! Children are invited to come to school in normal school uniform, but with the added extra of crazy, messy hair, in exchange for a £1 donation to Comic Relief. Cash will be taken on this day.



Parents' Evenings

You should have now received a letter to book your Parents' Evening slot with your child's teacher. The appointments are available first come, first served:

Monday 31st March—Years 3 and 4

Wednesday 2nd April—Years 5 and 6

ATTENDANCE LEAGUE

Week ending: 14.3.25

Whole School: 95.3% Target 97%

Class	This week's %	Target achieved	Dojos
3B	94	No	0
3LB	95	No	0
4T	100	yes	3
4C	96	No	0
5B	92	No	0
5H	95	No	0
6S	98	Yes	3
6KS	95	No	0
6D	93	No	0



Be an Attendance **HERO**
Here, Everyday, Ready, On Time

Fantastic Footballers!

These brilliant young men represented our school

at the Year 4 Boys Tournament at Telford College this morning and

played fantastically!

We are very proud of you all, well done!

Thank you to Mr Yarnold and Miss Higgs for taking them.



Mindful March 2025

SATURDAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Set an intention to live with awareness and kindness

2 Notice three things you find beautiful in the outside world

3 Start today by appreciating your body and that you're alive

4 Notice how you speak to yourself and choose to use kind words

5 Bring to mind people you care about and send love to them

6 If you find yourself rushing, make an effort to slow down

7 Take three calm breaths at regular intervals during your day

8 Eat mindfully. Appreciate the taste, texture and smell of your food

9 Take a full breath in and out before you reply to others

10 Get outside and notice how the weather feels on your face

11 Stay fully present while drinking your cup of tea or coffee

12 Listen deeply to someone and really hear what they are saying

13 Pause to watch the sky or clouds for a few minutes today

14 Find ways to enjoy any chores or tasks that you do

15 Stop. Breathe. Notice. Repeat regularly

16 Get really absorbed with an interesting or creative activity

17 Look around and spot three things you find unusual or pleasant

18 Have a 'no plans' day and notice how that feels

19 Cultivate a feeling of loving-kindness towards others today

20 Focus on what makes you and others happy today

21 Listen to a piece of music without doing anything else

22 Notice something that is going well, even if today feels difficult

23 Tune into your feelings, without judging or trying to change them

24 Appreciate your hands and all the things they enable you to do

25 Focus your attention on the good things you take for granted

26 Choose to spend less time looking at screens today

27 Appreciate nature around you, wherever you are

28 Notice when you're tired and take a break as soon as possible



29 Choose a different route today and see what you notice

30 Mentally scan your body and notice what it is feeling

31 Discover the joy in the simple things of life



ACTION FOR HAPPINESS

Happier · Kinder · Together

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many devices which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

SMARTPHONE SAFETY TIPS

for young people

7

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosy around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College

NOS National Online Safety
#WakeUpWednesday

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