

RSHE at Wrockwardine Wood Church of England Junior School



Intent

At our school, RSHE is an integral part of our commitment to providing a broad and balanced curriculum that nurtures the whole child. Rooted in our Christian values of compassion, friendship, joy, thankfulness, wisdom, and courage, our RSHE provision seeks to develop pupils' understanding of themselves, others, and the world around them in ways that are respectful, inclusive, and morally grounded.

Following *Jesus's promise that He came to give life and life in all its fullness* (John 10:10), our RSHE curriculum supports pupils in growing spiritually, emotionally, socially, and physically. It equips them with the knowledge, skills, and confidence to make informed decisions, build healthy relationships, and live safely and responsibly in a complex, changing world.

We aim to:

- Support children in developing healthy, respectful relationships rooted in empathy and compassion.
- Foster positive self-worth, identity, and emotional wellbeing.
- Enable pupils to understand and manage the physical and emotional changes of puberty with confidence and dignity.
- Provide children with the wisdom to discern safe choices and the courage to speak out and seek help when needed.
- Cultivate attitudes of thankfulness and joy in themselves and in the lives of others, recognising the beauty and diversity of all people.
- Ensure children feel a sense of belonging, friendship, and connection within their communities, guided by Christian love.

Implementation

Our RSHE curriculum is delivered in a carefully sequenced and age-appropriate way, aligned with the 2025 DfE draft statutory guidance and underpinned by the Church of England's *Flourishing for All* document. It is embedded across school life and supported by whole-school ethos and worship.

We implement RSHE through:

- A spiral curriculum that builds knowledge and revisits key concepts each year.
- Regular, dedicated RSHE lessons using high-quality resources, adapted to suit our pupils' developmental needs.
- Integration of RSHE themes through PSHEE, Science, RE, and Computing, where appropriate.
- Sensitive and inclusive teaching that respects pupils' backgrounds, faith, and family contexts.
- Opportunities for reflection, discussion, and questioning in a safe and respectful environment.
- Links to safeguarding and pastoral support to ensure pupils know how to stay safe and who to turn to.
- Collaboration with parents and carers through consultation and accessible resources.
- A clear, values-led approach that places dignity, mutual respect, and Christian compassion at the heart.

Impact

Through our RSHE provision, pupils will:

- Demonstrate respectful, caring relationships built on empathy, kindness, and Christian love.
- Articulate a growing awareness of their own emotions and show resilience and courage in managing them.
- Show understanding of physical and emotional changes and feel prepared for puberty and growing up.
- Be confident in how to stay safe online and offline, including recognising and reporting risks or abuse.
- Appreciate diversity and the value of every individual, reflecting our Christian commitment to friendship and inclusion.
- Develop the wisdom to make informed choices that lead to safe, healthy, and fulfilling lives.
- Flourish personally and socially, living in ways that embody joy, thankfulness, and the fullness of life promised by Jesus.

We assess the impact of RSHE through:

- Pupil voice and feedback.
- Observations of learning behaviours and interpersonal relationships.
- Reflection activities, self-assessments, and discussions.
- Staff evaluations and reviews of progression.

Our RSHE curriculum, firmly rooted in Christian values and the teachings of Jesus, empowers pupils to live with purpose, integrity, and compassion — helping them grow into individuals who love and serve others, and experience life in all its fullness.